



02. – 04. December 2016: FIS WORLDCUP XC and NC in Lillehammer.

Conditions	Thu 01.12.	Fri 02.12.	Sat 03.12.	Sun 04.12.
Snow temp. °C	-6,0	-5,0	-7,0	-5,0
Air temp. °C	-4,5	-1,0	-6,0	-3,5
Air humidity %RH	81	77	86	84
Snow humidity (Ref. Doser instr.)	30	28	25	29
Snow type	Artificial transformed + natural trnsformed.	Artificial transformed + natural trnsformed.	Artificial transformed + natural trnsformed.	Artificial transformed + natural trnsformed.
Weather	Cloudy 8/8	Partly cloudy 2/8	Cloudy 8/8	Partly cloudy 7/8
Swix recommendations				
Wax	HF6BWX	HF6BWX	HF6BWX	HF6BWX
Cera F	FC78	FC6X + HVC-C	FC6X	FC6X + HVC-C
Kick	KB20 + KX35 + KX40S + V40	KX20 + V30 + VR45		KB20 + KX40S

RESULTS:**02.12.: Ladies sprint C**

	Name	Nation	Skibrand	Poles
1.	Heidi Weng	NOR	Madshus	SWIX
2.	Maiken Caspersen Falla	NOR	Fischer	SWIX
3.	Hanna Falk	SWE	Atomic	SWIX

02.12.: Men sprint C

	Name	Nation	Skibrand	Poles
1.	Calle Halfvarsson	SWE	Fischer	
2.	Emil Iversen	NOR	Fischer	SWIX
3.	Teodor Peterson	SWE	Rossignol	

02.12.: Nordic Combined Team HS100/4x5 km

	Name	Nation	Skibrand	Poles
1.	Kircheisen, Frenzel, Riessle, Rydzek	GER		2 x SWIX
2.	Kokslien, Andersen, Klemetsen, Gråbak	NOR		3 x SWIX
3.	Pommer, Seidl, Denifl, Orter	AUT		2 x SWIX

03.12.: Men 10 km F

	Name	Nation	Skibrand	Poles
1.	Calle Halfvarsson	SWE	Fischer	
2.	Marcus Hellner	SWE	Fischer	SWIX
3.	Sergey Ustiugov	RUS	Fischer	SWIX

03.12.: Ladies 5 km F

	Name	Nation	Skibrand	Poles
1.	Jessica Diggins	USA	Salomon	SWIX
2.	Heidi Weng	NOR	Madshus	SWIX
3.	Marit Bjørgen	NOR	Fischer	SWIX

03.12.: Nordic Combined NH HS100/10 km

	Name	Nation	Skibrand	Poles
1.	Eric Frenzel	GER	Fischer	SWIX
2.	Johannes Rydzek	GER	Fischer	SWIX
3.	Fabian Riessle	GER	Fischer	

04.12.: Ladies 10 km C pursuit

	Name	Nation	Skibrand	Poles
1.	Heidi Weng	NOR	Madshus	SWIX
2.	Ingvild Flugstad Østberg	NOR	Madshus	SWIX
3.	Krista Parmakoski	FIN	Madshus	

04.12.: Mens 15 km C pursuit

	Name	Nation	Skibrand	Poles
1.	Martin Johnsrud Sundby	NOR	Fischer	
2.	Johannes Høsflot Klæbo	NOR	Fischer	
3.	Matti Heikkinen	FIN	Salomon	

04.12.: Nordic Combined

	Name	Nation	Skibrand	Poles
1.	Eric Frenzel	GER	Fischer	SWIX
2.	Bjoern Kircheisen	GER	Salomon	

3.	Jørgen Gråbak	NOR	Fischer	SWIX
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